

Region 3 ADP Information

Dear Region 3 Members:

I hope your volleyball season thus far has been a success and I wish you the best of luck in your upcoming provincials. I just want to let you know what is going on with the ADP programs this summer and I hope to answer any questions you may have.

Training to Train – Formerly 14U Fundamental Center

The OVA is NOT running this center this summer!

16U Regional Team Program: Includes – RTTC and Ontario Summer Games.

Our Region will be holding tryouts for our Region 3 teams this summer. Athletes selected will represent our Region at the Regional Team Training Center at Humber College in Etobicoke and the Ontario Summer in Sudbury. Our Region will be running a 15U and 16U team for both male and female athletes. 12 athletes will be selected to both 15U and 16U teams for a total of 24 for both boys and girls programs. Tryout information is listed below:

Girls Teams: All interested athletes must attend a regional tryout in order to get selected to the final ID camp. Players that were involved in the program last summer will be the only ones that get a direct invite to the final camp in London.

West ID Camp – Friday, May 14th – 6:00pm – 9:00pm @ John McGregor SS in Chatham.

East ID Camp – Wednesday, May 19th – 7:00pm – 10:00pm @ Brock University in St. Catharines.

Final Camp – Saturday, June 5th – 9:00am – 3:00pm @ Saunders SS in London.

Boys Teams: All interested athletes must register and attend the final camp in London.

Final Camp – Sunday, June 6th – 9:00am – 3:00pm @ Saunders SS in London.

Coaching Staffs for this year's teams:

Girls – 16U Head Coach – Lucas Hodgson, Brock University Asst. Coach – Kaila Wiley, Brock University
15U Head Coach – Dennis Levesque, MAC Asst. Coach – Agostino DiPietro, South County/University of Windsor

Boys – 16U Head Coach – Kelly Beausejeur, Chatham Ballhawks Asst. Coach – Shawn Lippert, Riverside/University of Windsor
15U Head Coach – Haiqi Lui, University of Guelph

*** We are looking for a 15U Boys Assistant Coach. Please let me know if you are interested. Contact information is at the bottom of this letter.

- There is a \$25 tryout fee for all ID camps. All athletes will receive a Region 3 volleyball t-shirt.
- Registration for tryouts begins on April 15th.
- You must register on our website www.region3volleyball.com
- Updates and information for tryouts will be updated on our website.

Below is the information from the OVA pertaining to the RTTC and Summer Games.

2010 RTTC (Training to Train 2)

Location: Humber College, Etobicoke

Dates: Female - July 14-17, 2010

Male - July 18-21, 2010

In 2008 the ADP Committee decided to separate the genders for Regional Training center. This will allow the camp to focus on Athlete Development and provide time for regions to prepare for the competition.

Cost: \$510 plus tax - This includes:

RTTC Registration: 4 days of training, 3 night accommodations, 4 days of meals, training Tshirt

Ontario Summer Games: 3 days of competitions, 3 nights accommodations, 4 days of meals, 2 uniform Shirts.

2010 Ontario Summer Games-

Location: Sudbury

Dates: August 10-13, 2010



18U High Performance Center:

General Information

2010 HPC - Humber College, Etobicoke - July 2-7, 2010

The **High Performance Centre (HPC)/Provincial Team (PT)** program is the second last stage of the OVA's Athletes Development pyramid ([click here](#) to view the pyramid). The HPC is Provincially Driven with a focus on Elite Development. The OVA will identify and select the top 80 athletes in Ontario to attend the High Performance Centre (HPC).

In non-Canada Games years the HPC will be used to identify and select the Provincial Teams for Ontario. However in the Canada Games years 2010, the Centre will be used to further develop elite athletes that were not selected to participate in the Provincial Team Program.

Some of the highlights of the HPC/PT Program include:

- Cost is **\$550 Plus GST** for 6 days of training, 5 nights of accomodations, 6 days of meals
- The Centre associated with this program is called the High Performance Centre (HPC).
- The HPC/PT Program is Provincially driven.
- Only the top 80 volleyball athletes from Ontario will be selected to attend the HPC.
- The HPC will be held on **July 2nd-July 7th, 2010 at Humber College, Etobicoke**
- Teams will be created (4 teams per gender) to compete in the High Performance Competition that will be held during the last two days the Centre.
- Athletes born in 1992 or later are eligible to participate in the HPC/PT Program.
- Select MALE athletes born in 1991 may be able to attend the HPC



The Road to the 2010 OVA High Performance Centre has begun. Identification and selection process for athletes is now posted.

2010 HPC - Humber College, Etobicoke - July 2-7, 2010

Rationale for offering HPC Direct Invitations

The OVA has used a direct invite process for inviting up to 20-22 athletes to attend the HPC each year since the first Centre held in 2005. The reason we continue to go through this process is an effort to reduce costs to athletes by limiting the number of possible athletes attending the HPC Open Tryout. By keeping the Open Tryout numbers lower (40-50 athletes), we can afford to hold it as a one day camp which reduces the potential costs (accommodations, food, gym rental, etc) to athletes by over 50%, not including the costs saved by Direct Invites.

Identification Process

We rely on the club coaches at the 17U and 18U Level to help identify players who should be considered as potential direct invites for the HPC. We invite you to nominate players from your own team or from another team if you feel that they should be considered as one of roughly 20 direct invites. Please include the following information when nominating an athlete:

- First Name, Last Name, Club and Team Name, Uniform Number

Nominations of athletes will be accepted up until March 19th, 2010.

Athlete Assessment Process

Once all nominations have been received, we will compile a list of nominated athletes and send each 17U and 18U Head Coach a copy of this list on March 22nd, 2010. In this list, Coaches (if they choose) will be able to submit comments and give their assessment of these athletes as potential direct invites. Coaches choosing to take part in this assessment would return their list of assessments to the OVA rmercado@ontariovolleyball.org following the Ontario Championships. These assessments would be accepted up until May 4th, 2010.

Selection Process

After the Athlete Assessments have been received, we will compile the information and issue direct invitations to the athletes receiving the most votes through the process. Selected athletes will receive an email on May 6th, 2010 with their Head Coach cc'd, indicating that they have been invited.

Tryout Information



If you did not receive an invitation to the High Performance Centre you still have the opportunity to show off your skills at the High Performance Centre Open Tryout.

- Athletes born in 1992 or later are eligible to participate in the HPC/PT Program.
- Select MALE athletes born in 1991 may be able to attend the HPC

Female HPC Open Tryout

Date: Saturday May 29th, 2010

Location: Bill Crothers SS, Markham

Directions: [Click Here](#)

Time: 9:00am to 5:00pm

Cost: \$55 - includes tryout & ADP/t-shirt

Male HPC Open Tryout

Date: Sunday May 30th, 2010

Location: Bill Crothers SS, Markham

Directions: [Click Here](#)

Time: 9:00am to 5:00pm

Cost: \$55 - includes tryout & ADP/t-shirt

Registration for this event will start on May 1st. The last day to registration for the Open Tryout is **Sunday May 23rd, by 11:59pm.**

I hope I have answered any questions you may have had and please do not hesitate to contact me if you need any further assistance. Good luck in the remainder of your season!

Yours in Volleyball,

Jeff Miller

Region 3 ADP Chair

jeffmiller11su@hotmail.com

(H) 519-734-0620

(W) 519-736-2149